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Day Spas & Relaxation

Spa Atlantis
Atlantis Casino Resort
775.954.4135
<http://www.atlantiscasino.com/spa>

Spa Toscana
Peppermill Casino Resort
775.689.7190
<http://www.peppermillreno.com/spa/>

Stillwater Spa
Hyatt Regency Lake Tahoe Resort & Spa
775.832.1234
<http://www.laketahoe.hyatt.com/hyatt/pure/spas/index.jsp?requestid=614505>

Spa at Squaw Creek and Resort
Resort at Squaw Creek
800.327.3353
<http://www.squawcreek.com/lake-tahoe-california-spas.php>

Clearwater Day Spa
690 North Lake Blvd
Tahoe City
530.583.3141
<http://www.clearwatertahoe.com/>

Summer Wood Skin Care
10049 Martis Valley Rd, Unit B
Truckee
530.550.8486
<http://www.summerwoodskincare.com/>

Hair Studios

Glow Salon
10320 Donner Pass, Rd
Truckee
530.587.9985
<http://www.glowtruckee.com/>

Mane Attractions
10466 Donner Pass Rd
Truckee
530.587.6263

Images Salon
11400 Donner Pass Rd
Truckee
530.587.2888

Urban Angels Salon
10120 Jibboom St, Ste 102
Truckee
530.587.9900



Nail Salons

Sassy Nails
11429 Donner Pass Rd
Truckee, CA 96161
530.550.5201

Truckee Nails
11377 Deerfield Dr
Truckee, CA 96161
530.550.8785

T & T Nails
10770 Donner Pass Rd
Truckee, CA 96161
530.550.7561

Unique Nail Spa
950 North Lake Blvd
Tahoe City, CA 96145
530.581.0421

Yoga Studios

Bikram Yoga Truckee
10775 Pioneer Trail
Truckee, CA 96161
530.582.4111
<http://www.bikramyogasierra.com/>

Awareness Village Yoga & Mediation Center
754 Mays Blvd, Unit 8
Village, NV 89451
775.831.1919
<http://www.awarenessvillage.com/>

Tahoe Yoga & Wellness Center
10770 Donner Pass Rd, Ste 104
Truckee, CA 96161
530.550.8333

Mountain Lotus Yoga
760 North Lake Blvd
Tahoe City, CA 96145
530.583.7500