

# 2023 SPRING ACTIVITY GUIDE

MEET OUR NEW GM PG. 5

APRIL 8, 2023

PRING PORTS

WAP AY 6, 2023

#### SPRING REGISTRATION

FEBRUARY 14 TDRPD RESIDENTS ENROLLED IN

LOCAL SCHOOLS

CATT

FEBRUARY 16 TDRPD RESIDENTS

FEBRUARY 21 OPEN TO ALL

Make sure your TDRPD online account is updated with residency, local school enrollment and grade.

NEW BALLFIELDS UPDATED LIGHTING RE-CONFIGURED FIELDS FOR MULTI SPORT PLAY

PLUMAS

# Live Fickee

Selling or Purchasing Truckee-Tahoe Property? Locals Trust Alison Elder. Contact Elder Group Today!





Alison Elder Real Estate Advisor

530.582.8103 Tahoe@AlisonElder.com ElderGroupTahoeRealEstate.com



©2023 BHH Affiliates, LLC. An independently owned and operated franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of Columbia Insurance Company, a Berkshire Hathaway affiliate. Equal Housing Opportunity. CA DRE License #01399851 🍙

# INSIDE THE GUIDE

Policy Information		4
Meet the GM		5
Employment		7
Office Information		8
Scholarships & Inclusion		9
Facilities		10-21
PreSchool		22
Kids Korner	23	
Art Programs		24-25
All Ages Enrichment		26-27
Youth Sports		28
Adult Sports		29-30
Health & Aquatics		31
Midweek Calendar		32
Golden Meet & Greet		33
Swim Lessons		34-35
Community Connection		37
Summer Camp Preview		39
Egg Hunt & Sport Swap		40

#### **ONLINE REGISTRATION**

#### Instructions

1. **Go to tdrpd.org:** Click on the 'Register Online' link, or type: https://secure.rec1.com/CA/tdrpd/catalog

#### 2. Click on "Log In/Create Account"

3. If email not found, click on "**Create Account**" (please be careful not to create a duplicate account)

#### 4. Register for activities:

Search by keywords. membership, or online codes provided in the Activity Guide.

- Click the "Select Enrollee".
- Click 'Continue Shopping' or 'Proceed to Shopping Cart'
- **Repeat** above steps to sign up for multiple programs.

#### 5. Proceed to **Checkout in My Cart**:

In MY CART **you can add, edit, and remove** programs & participants. \*please note- if you only put on "waitlist" then you are not actually registered for the program

- Review Cart Items.
- Sign appropriate Waivers.
- Process Payment

**PLEASE NOTE:** The name and address must match those that are on file with your credit card company. If the Address on your registration account is different from credit card, please click on the "My Account" and change the residential address to the credit card billing address.

Once your payment has been approved, your receipt will display. Please print a copy of your receipt for your records.

IF AN ACTIVITY IS FULL, PLEASE REGISTER FOR THE WAITLIST. If you do NOT want to be placed on the waitlist, click the "Remove" button on the Shopping Cart screen.

PLEASE BE AWARE OF ALL REFUND / TRANSFER POLICIES



#### **BOARD OF DIRECTORS** Chairman: Mark Tanner

Chairman: Mark Tanner Vice Chairman: Jason Hansford Secretary: Lori Marquette Board Member: Eric Smith Board Member: Mark Wasley Email a board member: board@tdrpd.org

#### **BOARD MEETINGS**

Open to public 4th Thursday of every month Starts: 6:00 pm Community Recreation Center

#### OPEN REGISTRATION DATES

FEBRUARY 14 TDRPD RESIDENTS ENROLLED IN LOCAL SCHOOLS

#### FEBRUARY 16 TDRPD RESIDENTS

FEBRUARY 21

Make sure your TDRPD online account is updated with residency, local school enrollment and grade.



#### **Financial Assistance**

If you see this icon next to a program, it is eligible for financial assistance through our scholarships. See pg. 8 for more information or Visit tdrpd.org/scholarships

3

#### **POLICY INFORMATION**

#### **REGISTRATION POLICY:**

The Truckee-Donner Recreation and Park District is dedicated to providing you with high quality recreation services and park facilities. Our trained staff is happy to assist you in finding a class, activity or facility to meet your needs. Payment is due in full at the time of registration/or when reservation is approved.

**NŠF POLICY -** A license number for the person signing the check must be provided. A \$25 fee will be assessed on all returned checks or credit card transactions and removed from the program.

#### CREDIT CARDS:

Visa, Mastercard, Discover, American Express accepted. You can fill out a credit card authorization form and fax or email it to the office.

#### TDRPD RESIDENT STATUS:

TDRPD Residency status is determined by proof of residency (Utility Bill, State ID, State Driver's License, Pay Stub or any legal document that says you are a TDRPD Resident) within the district boundaries (zip code 96160, 96161, 96162, 96111, 95728).

Residency status may be confirmed by contacting info@tdrpd.org.

#### TRUCKEE-TAHOE AIRPORT DISTRICT RESIDENCY:

Access to the Truckee Donner Community Swimming Pool: Identified by viewing a proof of residency with one of the following zip codes: 95724, 96140, 96141, 96142, 96143, 96145, 96146 and 96148.

- Allows daily admission only access to the swimming pool at residency rates only.
- This does not allow TDRPD Resident access to community pool program registration dates or rates.

Residency status may be confirmed by contacting info@tdrpd.org.

#### SATISFACTION GUARANTEED:

We want everyone to be satisfied with our programs. If you are unhappy with any of our programs for any reason, we urge you to contact our office at 530-582-7720 right away. We have instituted an evaluation program for all of our classes. We want to hear from you!

#### MATERIALS FEES:

Please pay all materials fees (if applicable) directly to the instructor at the first class meeting.

#### MEMBERSHIP, PASSSES, COUPON BOOKS AND PUNCHCARD SALES POLICY:

- All sales of Memberships, coupon books, punch cards and passes are final. No refunds allowed.

#### **REGISTRATION CONFIRMATION:**

All transactions and receipts can be viewed online through customer account at: (https://secure.rec1.com/CA/tdrpd/dashboard)

- If classes have been changed or canceled, an email will be sent to you. Please be sure your contact information is up to date via your customer account.

- If the class you register for is full, please waitlist. We will contact you if a space becomes available.

#### TAX DEDUCTABLE PROGRAMS:

Δ.

The only programs that qualify for a tax deductible receipt are Preschool, Kids Korner Before, After School Care Programs, Kids Kamps, Adventure, Rad, Trudaca & Trudaca Jr.

#### FACILITY RENTALS:

Head to our website at www.tdrpd.org/rentals for facility applications and rental policies.

#### **NON-ENDORSEMENT POLICY:**

Contract Instructors are recruited by Truckee-Donner Recreation & Park District because they have a special skill or expertise which they are willing to share with the community. TDRPD does not endorse the opinions or business affiliations of our instructors.

#### KIDS KORNER CANCELLATION POLICY

Registration is available online starting the 15th of the month prior. All cancellations must be requested prior to the start of the program month to receive a full refund. Transfers for different day are pending availability. Please reach out to the main office at info@tdrpd.org or 530-582-7720 for any changes/cancellations. Once the program month starts there are no cancellations or refunds issued for any reason.

TDRPD offers 100% refund to your TDRPD account or a \$15 refund processing fee to return the funds to the original credit card.

#### KIDS KAMPS (TURKEY CAMP, WINTER WONDERLAND, SPRING FLING, & FEB FUN DAYS)

Registration is available online starting the 15th of the month prior. All changes/cancellations must be requested by the Tuesday of the week prior by 5:00 pm to receive a full refund. Please reach out to the main office at info@tdrpd.org or 530-582-7720 for any changes/cancellations. No credits or refunds will be given to any cancellations for any reason after the deadline.

TDRPD offers 100% refund to your TDRPD account or a \$15 refund processing fee to return the funds to the original credit card.

#### PRESCHOOL CANCELLATION POLICY

Please note that our preschool program requires written notice 30 days prior to the beginning of the next school month if cancelling enrollment for your child's school schedule. See handbook for more information. Please reach out to the Preschool Director, Heather Woosley at hwoosley@tdrpd.org, or notify the main office at info@tdrpd.org or 530-550-4454 for any changes/cancellations. Once the program month starts there are no cancellations or refunds issued for any reason.

#### **CLASSES AND ACTIVITY CANCELLATION POLICY:**

Participants may request to withdraw or transfer prior to the secondclass meeting for TDRPD activities. All requests made after the second class will be denied, and fees will be forfeited.

All modifications for private lessons or personal training must be made 24 hours prior to the lesson or session. Any cancellations made within 24 hours of a lesson will forfeit all fees.

No refunds will be given for one-time classes, trips, tours, special events, golf activities, food services, sports leagues, passes or non-attendance of the participant.

Contract Instructor led classes or activities may have a stricter cancellation policy from TDRPD. Please reach out to the instructor or info@tdrpd.org to confirm the cancellation policy.

#### **REFUND REQUEST POLICY:**

Refunds will be issued to the original payer.

An email must be sent to info@tdrpd.org with the title of Refund Request.

100% of fees will be credited to your TDRPD account, or a \$15.00 refund processing fee per participant per activity will be kept from registration fees, and the remainder will be refunded via original payment. If refund via check is requested, please allow up to 4 weeks for your request to be processed.

# MEET THE GM

Greetings! Steve Randall's retirement as General Manager after 38 years of service to Truckee is certainly worth celebrating. Steve leaves a legacy of partnerships and building community that will be difficult to match. Still, it is my honor to step up as the new General Manager for TDPRD and to lead the organization in serving you. I've been a park & recreation professional for more than thirty years, with five of them already at TDRPD, and in that time we've weathered the COVID era and continued to grow and expand programs. I'll keep working for you in the years ahead.

Winter isn't over yet, and the ice rink, pool and fitness center are open for your enjoyment. Drop-in pickleball, drop-in basketball, water aerobics classes, and the Golden Meet & Greet on Thursdays are popular and invite new participants to join them. But as we look ahead on the calendar, the TDPRD staff are excited to host you and



(Photo Credit: Lloyd Garden of Drone Promotions)

your family this spring. Whether it's the athletic fields, swim lessons or youth sports indoors, after-school care or preschool, the annual egg hunt, or just a picnic you hold at a park – we are working hard to make our spaces where you want to be. We hope you'll join us.

In play,

Sven Leff



# Specialized Care Where 4014 Need it.

- Concussion Management
- Elbow
- Foot & Ankle
- Hand & Wrist
- Hip
- Joint Replacement & Revision
- Knee iovera<sup>°</sup> Pain Treatment Available
- Orthopedic Trauma
- Pediatric Orthopedics
- Shoulder
- Sports Medicine

### EXCEPTIONAL CARE BEGINS *here.*

(530) 213-0225 www.tahoeorthopedicsandsports.com



Tahoe Forest Orthopedics & Sports Medicine



## Benefits

Access to TDRPD Facilities (Pool, West End Beach, Fitness Center & more) Discounts at District Facilities Rentals, Merch, Food & Beverage Play of Ponderosa Golf Course

# **Recreation Jobs**

Lifeguards Preschool Teachers Swim Instructors Recreation Leaders

Cashiers Referees/Umpires

# Parks Jobs

Park Facility Workers Maintenance Workers









#### TDRPD STAFF

General Manager: Sven Leff Recreation Superintendent: TBD Recreation Supervisor - Youth: Kristin Henry Preschool Program Director: Heather Woosley Camp Trudaca/Youth Program Coordinator: Alycia Muscarella Camp Rad/Youth Program Coordinator: Mason Moomey Recreation Supervisor - Aquatics: Pete Kristian Aquatic Coordinator: Lisa Kucera Recreation Supervisor - Sports: Angelo Tenorio Sports Coordinator: Caroline Bechdolt, Michael Hoopingarner Marketing Manager: Kyle Jost Park Superintendent: John Shaffer Park Supervisor: Bugg Vokel Maintenance Foreman: Ed Wangler Turf Foreman: Mike Stemen Park Crew: John Martinetti, Oscar Solorio, Dave Ward, John Duner, Andre Rosales, Trey McLaughlin, Gio Mejia, Juan Herrera, Marco Medina District Clerk/Human Resources Mgr: David Faris HR Coordinator: Emily Richardson IT Administrator: Brian Compton Accounting Manager: Teresa McNamara Accounting Manager: Teresa McNamara Accounting Clerk: Denise Dunbar Park Office Specialist: Anne Collin Front Office Supervisor: Melissa Schneider Front Office Staff: Nubbia Greninger, Danielle Hamilton, Lelia Bahreini

#### MAIN OFFICE INFO

Monday-Friday: 9am-5pm Closed Weekends and Holidays

10981 Truckee Way Truckee, CA 96161 Tax ID # 94-1592837

Web Site: <u>www.tdrpd.org</u>

**E-mail:** info@tdrpd.org **Online Program Registration:** 

https://secure.rec1.com/CA/tdrpd/catalog **Phone:** (530) 582-7720 **Fax:** (530) 582-7724

#### IMPORTANT UPDATE:



EMERGENCY NOTIFICATION SYSTEM - KEEP EVERYONE CONNECTED



# 

CodeRED Emergency Alert System

Truckee Police Department and the Truckee Fire Protection District have switched from Nixle to the CodeRED Emergency Alert System as our primary method of communication during critical incidents. CodeRED is an opt-in notification system, and these alerts may be received as text, email, landline, cell phone, and TTY. By joining CodeRED we will be on one platform with Nevada County creating continuity between our jurisdictions. Residents and visitors are encouraged to subscribe to CodeRED to stay informed in the event of an emergency.

Register for CodeRED emergency alerts:

- Online at www.truckeepolice.com/disaster-preparedness/
- Call 211 or 1-833-DIAL211
- Tent ReadyNevadaCounty to 99411 and follow the prompt to register

# OUR COMMITMENT TO AFFORDABILITY & INCLUSION FOR ALL!

INSPIRING CREATIVE, ACTIVE LIVES FOR A HEALTHY MOUNTAIN COMMUNITY

#### SCHOLARSHIPS FOR FINANCIAL ASSISTANCE

Available programs include: Youth Basketball, Hockey, Softball, & Volleyball Junior Golf \$25,000 **Climbing Wall Classes** TOTAL FUNDS Kids Korner & Before School SET ASIDE Art Programs FOR 2022 Holiday Camps & Snow Days FINANCIAL **Specialty Sports Camps** ASSISTANCE Preschool Lifeguard Training Fitness Center Passes Ice Rink Passes West End Beach Passes

#### TO APPLY: Visit tdrpd.org/scholarships

# SPECIAL NEEDS & ADA MODIFICATIONS

TDRPD takes pride in providing access and availability to all those with disabilities. Individuals with disabilities are encouraged to register for any program that TDRPD offers. Reasonable modifications are made for those who meet the essential eligibiliy requirements for participation in recreational programs. If you need modifications, send an email to info@tdrpd.org at least two weeks prior to the program.

#### FOR MORE INFORMATION: Visit tdrpd.org or call (530) 582-7720 or visit the main office at the Community Recreation Center.

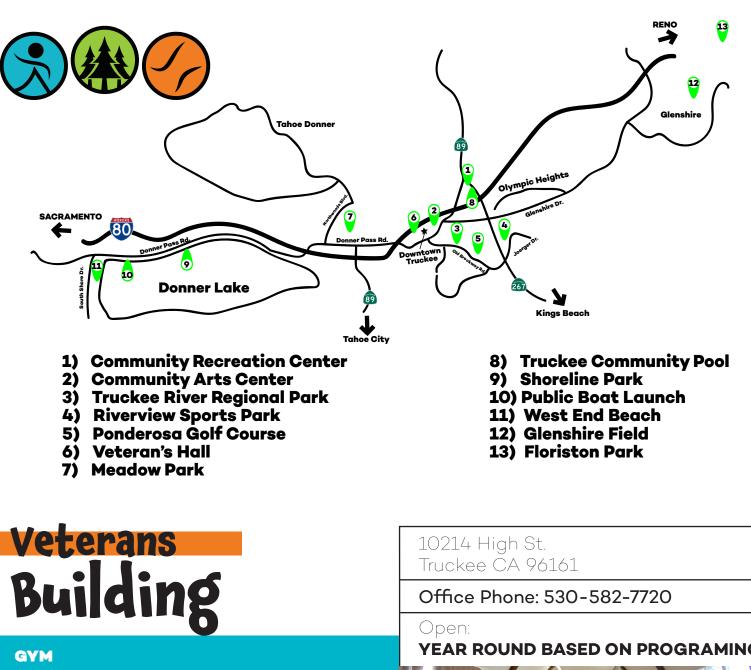


ACHIEVE TAHOE offers year-round  $\frac{\text{ACHIEVE}}{\text{t a h o e}} \ \ \, \overset{\text{ACHIEVE TAHOE offers year-round}}{\text{adaptive, inclusive recreation programs}} \\ \frac{\text{ACHIEVE TAHOE offers year-round}}{\text{ACHIEVE TAHOE offers year-round}} \\ \frac{\text{ACHIEVE TAHOE offers year-round}}{\text{adaptive, inclusive recreation programs}} \\ \frac{\text{ACHIEVE TAHOE offers year-round}}{\text{ACHIEVE TAHOE offers year-round}} \\ \frac{\text{ACHIEVE TAHOE offers year-ro$ sensory, and physical disabilities. We strive

to serve all ages and all disabilities in their individual quest to build health, confidence, and independence through outdoor recreation.

#### For more information please visit our website www.achievetahoe.org Contact: info@achievetahoe.org; 530.581.4161, x6





STAGE **KITCHEN MULTI-USE ROOMS** BASKETBALL LAWN **HISTORIC BUILDING**  YEAR ROUND BASED ON PROGRAMING







10990 Dorchester Dr. This six acre park is adjacent to Glenshire Elementary School. Amenities include one youth baseball/softball field and open grass for soccer fields.

10115 Donner Trail Rd. Located behind the PUD building, this park features ball fields, a playground, picnic area and open grass for play.



PUBLIC SKATING SKATE RENTALS SNACK BAR SKATE LESSONS DANCE LESSONS BROOMBALL LEAGUES POND HOCKEY PRIVATE RINK RENTAL

### ICE RINK FEES (SUBJECT TO CHANGE)

<b>RESIDENT DAILY</b>	
Adult:	\$9 \$8
Youth/Senior:	\$8
<b>NON-RESIDENT DAILY</b>	
Adult:	\$13
Youth/Senior:	\$11
<u>SKATE RENTALS:</u>	\$5
	4.0.0
SKATE SHARPENING	\$20

#### WARMING HUT RENTAL

Winter birthday? Have your party at the rink! We have a package that includes: WARMING HUT and HOT COCOA for up to 10 kids.

**Days:** Wed/Fri/Sat/Sun during public skate times **Rental Fee:** \$45 per hour

(Admission and Skate Rentals not included.) Call for more information about Full Ice Rink Rentals.

#### **PRIVATE USE ICE RINK** RENTALS ARE AVAILABLE.

Rental Price Range: \$115 - \$360 per hour Skate rentals are not included. Go to tdrpd.org/icerink to reserve your private reservations Email info@tdrpd.org for questions 10500 Brockway Rd. Truckee CA 96161



530-582-7720 or (530) 587-6172

Open from:

#### NOV. - MARCH

ICE RINK HOURS SUBJECT TO CHANGE OR CLOSURE DUE TO WEATHER. Go to <u>www.tdrpd.org</u> for the most up-to-date calendar.

## **ICE RINK HOURS**

#### Open to the Public Skate Times:

Wednesdays	11:00pm-3:00pm
Fridays	3:00pm-7:45pm
Saturdays	12:00pm-7:45pm
Sundays	12:00pm-7:45pm

\*\* We can add more times as needed, or participants call in for private lesson

#### ICE SKATING LESSONS

**INSTRUCTOR:** Kent "Gus" Gustafson <sup>(0)</sup> This program is designed for both boys and girls, with an emphasis on fun and instruction.

Fee	_		
\$45 per session			Friday Classes
\$25 drop-in		S4	2/17-3/3
	•		Saturday Classes
	Ages 5+		Saturday Classes
Beginner 2	Ages 8+	S4	2/18-3/4
Adult	Ages 18+		
			Sunday Classes
D		54	2/19-3/5
	0	04	2/17 3/3
•	•		
0	0		
Beginner 3	Ages 12+		
Learn to Skate	Ages 13+		
Beginner 1	Ages 5+		
	\$45 per session \$25 drop-in Parent & Tot Beginner 1 Beginner 2 Adult Parent & Tot Beginner 1 Beginner 2 Beginner 3	\$45 per session \$25 drop-inParent & TotAges 3-6Beginner 1Ages 5+Beginner 2Ages 8+AdultAges 18+Parent & TotAges 3-6Beginner 1Ages 5+Beginner 2Ages 8+Beginner 3Ages 12+Learn to SkateAges 13+	\$45 per session \$25 drop-in\$4Parent & TotAges 3-6Beginner 1Ages 5+Beginner 2Ages 8+AdultAges 18+Parent & TotAges 3-6Beginner 1Ages 5+Beginner 2Ages 8+Beginner 3Ages 12+Learn to SkateAges 13+

#### ICE DANCING LESSONS

**A** 

#### INSTRUCTOR: Kent "Gus" Gustafson

Come out and learn the beautiful sport of Ice Dancing. No partner needed-men are encouraged to attend. We will start with basic steps, then put them together as we learn beginning dances like the Canasta Tango, Rhythm Blues and Dutch Waltz. Lessons are 30 minutes.

Ages: 10+	Location: Truckee Ice Rink

Dates	Days	Time	Fee
2/18-3/4	Sat.	(Beg.) 9am-9:30am	\$45/3 week sess.
2/18-3/4		(Inter.) 9:30am-10am	\$25 drop-in





## Truckee Indoor Community Pool

Visit the **Pool Webpage** for more information

10 LANES - 25 YARDS LONG DIVING BOARD ROPE CLIMB SPLASH FEATURES CURRENT CHANNEL 2 SLIDES WATER VOLLEYBALL PARTY ROOM OUTDOOR PATIO

#### **DAILY ADMISSION**

Adult (18-62) Resident: \$8 Non-Resident: \$11 Youth (2-17) & Senior (62+) Resident: \$6 Non-Resident: \$9

Non-Swimmer Fee: \$5

#### COUPON BOOK (11 VISITS)

Adult (18-62) Resident: \$80 Non-Resident: \$110 **Youth (2-17) & Senior (62+) Resident:** \$60 **Non-Resident:** \$90

#### **MONTHLY PASS**

Adult (18-62) Resident: \$64 Non-Resident: \$88 Youth (2-17) & Senior (62+) Resident: \$48 Non-Resident: \$72

#### **QUARTERLY PASS**

Adult (18-62) Resident: \$167 Non-Resident: \$230 Youth (2-17) & Senior (62+) Resident: \$125 Non-Resident: \$187

#### **ANNUAL PASS**

Adult (18-62) Resident: \$500 Non-Resident: \$686

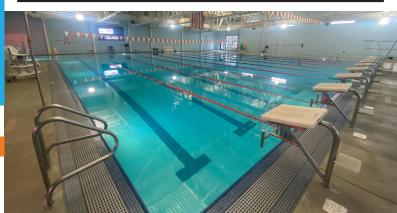
Youth (2-17) & Senior (62+) Resident: \$375 Non-Resident: \$562



10939 Truckee Way Truckee CA 96161

Pool Phone: 530-550-4406 Pool Email: info@tdrpd.org

#### VISIT WWW.TDRPD.ORG/POOL FOR OPEN HOURS FOR MOST UP-TO-DATE SCHEDULE



#### SEE PAGE 31 FOR OUR WATER EXCERCISE CLASSES.



#### **FACILITY RULES**

All children under 12 must have an adult with them to visit the pool. Children 12+ must have an account on file with an emergency contact.

Groups over 10 people must contact aquatic coordinator prior to arrival for approval (<u>Email Pete</u>).

No outside food or beverage allowed in pool.

Please visit our website (<u>tdrpd.org</u>) for an up-to-theminute pool schedule.

A fee is charged for all persons entering the pool regardless if they are swimming or not. The Non-Swimmer Fee is waived the last hour of every day.

#### \*SWIM TESTING -

Children under 14 will need to pass our swimming test if they want to swim without a life vest. Test includes a 25 yard swim followed immediately by 1 minute of treading water. Testing will take place every hour on the hour.

# Fitness Center & Indoor Track

#### AGE REQUIREMENTS

10+ to use the running track only (under adult supervision)
14+ to use equipment and track (under adult supervision)
16+ to use full facility unsupervised

1/12 MILE INDOOR TRACK MACHINES STATIONARY BIKES STRETCHING MACHINES TREADMILLS WEIGHTS BOSU BALLS AVAILABLE

#### 10981 Truckee Way Truckee CA 96161

Track Phone: 530-550-4458 Track Email: info@tdrpd.org

## **OPEN HOURS**

**Mon.-Fri.** 6:00am-8:00pm

**Sat.** 8:00am-1:00pm **Sun.** 8:00am-12:00pm

Sports Art

#### **DAILY ADMISSION**

Adult (18-62) Resident: \$8 Non-Resident: \$9 Youth (2-17) Resident: \$6 Non-Resident: \$7

Senior (62+) Resident: \$7 Non-Resident: \$8

#### **COUPON BOOK (11 VISITS)**

Adult (18-62) Resident: \$80 Non-Resident: \$110 Youth (2-17) & Senior (62+) Resident: \$60 Non-Resident: \$90

MONTHLY PASS Adult (18-62) Resident: \$56

Non-Resident: \$63

Youth (2-17) Resident: \$42 Non-Resident: \$49

Senior (62+) Resident: \$49 Non-Resident: \$56

#### QUARTERLY PASS Adult (18-62) You

Resident: \$135 Non-Resident: \$151 Youth (2-17) Resident: \$100 Non-Resident: \$118

Senior (62+) Resident: \$118 Non-Resident: \$135

#### **ANNUAL PASS**

**Adult (18-62)** Resident: \$400 Non-Resident: \$450 **Youth (2-17)** Resident: \$300 Non-Resident: \$350 Senior (62+) Resident: \$350 Non-Resident: \$400

#### SWIM & GYM Combo pass

	MONTHLY	QUARTERLY	ANNUAI
Adult Resident:	\$96	\$230	\$691
Adult Non-Resident:	\$120	\$288	\$865
Youth(10-17) Resident:	\$72	\$173	\$518
Youth(10-17) Non-Reside	nt:\$96	\$230	\$690
Sr.(62+) Resident:	\$78	\$187	\$562
Sr.(62+) Non-Resident:	\$102	\$245	\$735

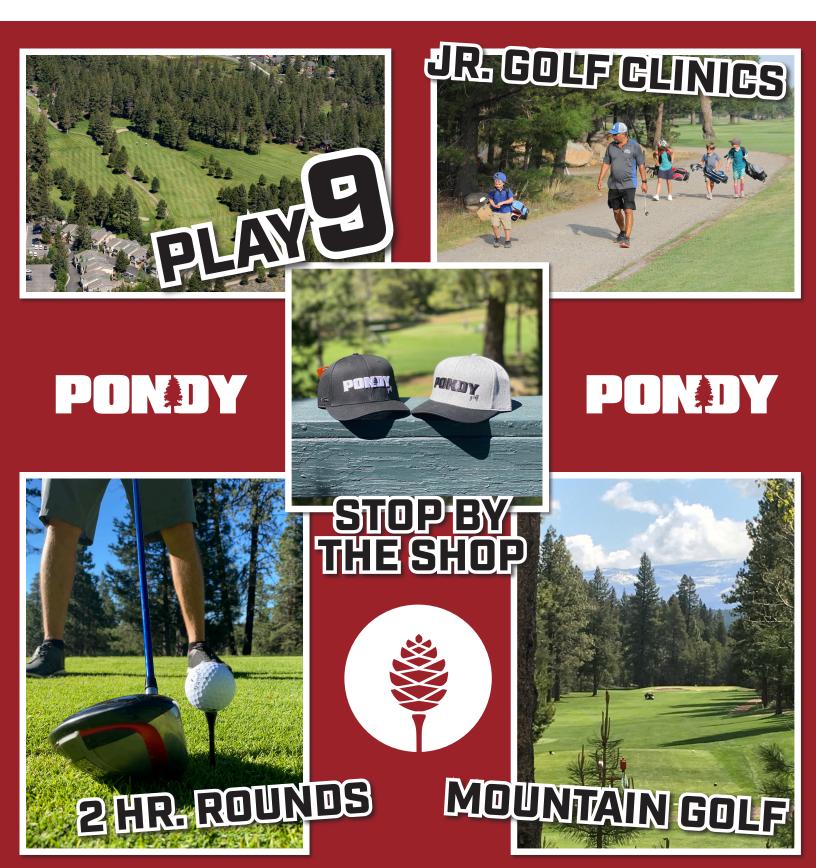


10040 Reynold Way, Truckee, CA 96161

530-587-3501

**Open from April - October** 

9 Holes • Golf Shop • Rentals • Carts www.ponderosagolfcoursetruckee.com





10981 Truckee Way Truckee CA 96161

530-550-4451

Open: SEPTEMBER - MAY (Rentals available year round.)

#### 29' WALL 4 AUTO BELAYS ROUTES FROM 5.5 -5.12

#### **12' X 18' BOULDERING WALL** WITH PROBLEMS RATED VO-V6

Use our Auto Belays Ages: 5 to Adult Under the age of 14 must be accompanied by an adult.

#### **Open To Public:**

Tue. & Thu. from 5:30pm-7:30pm Drop-In Fee: \$8 Punchcards: \$72 Harness Rental: \$3 Shoe Rental: \$2 Contact info@tdrpd.org for private climbing instruction.



#### **RENT A TDRPD LOCATION FOR YOUR NEXT GROUP OUTING**

## Climb Up on Your Belay Birthday!





## Jump and Pump at the Bike Park





## Warming Hut & Hot Cocoa at the Ice Rink

**MAKE YOUR RESERVATIONS ONLINE AT <u>TDRPD.ORG</u>** Call 530-582-7720 or email info@tdrpd.org for questions or more information



5 MULTI USE FIELDS 3 BOCCE COURTS BASEBALL FIELD COVERED PICNIC AREA LEGACY TRAIL ACCESS OPEN LAWN AREA PICNIC TABLES PLAYGROUND TRUCKEE BIKE PARK



12200 Joerger Drive Truckee CA 96161

530-582-7720

Open:

#### YEAR ROUND (WEATHER DEPENDENT)



This park features five multi-sport fields including: a regulation baseball field (no lights), playground area, bocce ball courts, Truckee Bike Park, several picnic tables, a covered picnic shelter, and a trailhead to the existing Legacy Trail.

# Truckee River Regional Park

**18 HOLE DISC GOLF 2 TENNIS COURTS** AMPHITHEATER **BALL FIELDS BASKETBALL COURT BATTING CAGES CHIEF TRUCKEE LAWN ICE RINK (WINTER) LEGACY TRAIL ACCESS** LOWER RIVER BBQ **LEISURE BBQ MINIATURE RAILROAD** PLAYGROUND **RODEO GROUNDS RODEO BBO** SAND VOLLEYBALL **SUMMER CAMPS SKATE PARK COMMUNITY GARDEN** 

#### Capacity 2000

Capacity 250 Capacity 250

Capacity 5000 <u>Capacity</u> 50 10500 Brockway Rd. Truckee CA 96161

530-582-7720

Open:

#### YEAR ROUND (WEATHER DEPENDENT)

#### **McIVER ARENA**

Home to the Truckee Donner Horsemen and women, the historic ARENA hosts equestrian events and activities.

Keeping the past alive in the present, The McIver Arena hosts equestrian events and activities for all ages including Horsemanship clinics, play days, junior horsemen activities and the junior drill team. The annual Truckee Pro Rodeo takes place in August and is a favorite local summer event.

The Truckee Donner Horsemen welcomes you to join us in promoting horses and horsemanship in Truckee. You don't have to own a horse to enjoy horses!

Spectators are welcome at all activities. Open to the Public from Dawn to Dusk

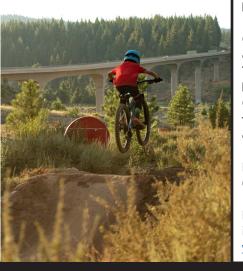


For more information go to tdhorsemen.org for a current calendar of events and activities. For information on rentals contact info@tdrpd.org



#### **Pump Track Pump Park Dirt Jumps Flow Lines Drop Zone Dual Slalom**

**ALL AGES AND ABILITIES** 12200 Joerger Drive, Truckee, CA



TDRPD's Truckee Bike Park, located in Riverview Sports Park is a world class bike park destination. No breaks, no helmet, no ride!

Groups of 10+ and any commercial use must contact TDRPD before their visit. **PARTY AT THE BIKE PARK!** Group picnic site available for rent, complete with water, electric and charcoal grill.

Reach out at info@tdrpd.org or (530) 582-7720

For weather closures & more information visit www.truckeebikepark.org

BUCKS For HUCKS! Daily Donation: \$7 adults, \$5 youth Season Donation: \$125 adult, \$100 youth





10500 Brockway Rd., Truckee, CA



Rocker Memorial Skatepark is a grassroots effort to construct a brand new, state-of-the-art 25,000 foot skatepark in Truckee, California. In 2015 Truckee Donner Recreation & Park District approved the plan and granted the use of the land at the corner of Estates Drive and Brockway Road adjacent to the existing skatepark. With approval granted, Rocker Memorial Skatepark along with Charity Smith Foundation are continuing fundraising and look forward to your involvement and support!

- Founded Jan 2013
- Land Grant by TDRPD May 2015
- Fundraising Milestone \$100K April 2017 • Public Input on Design - July 2017
- Design Finalized Dec 2017
- 30% Construction Documentation June 2018 • Town of Truckee Planning Input - April 2019



# West End Beach

BOAT RENTALS LIFEGUARDED SWIM AREAS CONCESSIONS HORSESHOE PITS PLAY AREAS BOAT STORAGE BEACH VOLLEYBALL TENNIS COURT/PICKLEBALL PAVILION BASKETBALL PICNIC SITES

#### DAILY BEACH ADMISSION

Adult Resident (18-61):	\$8
Adult Non-Resident (18-61):	\$12
Youth (2-17)/Senior Resident (62+):	\$6
Youth (2-17)/Senior Non-Resident (62+):	\$10

#### SEASON BEACH PASS

Adult Resident:	\$80
Adult Non-Resident:	\$120
Youth & Senior Resident:	\$60
Youth & Senior Non-Resident:	\$100

Available for purchase online and at the beach during open hours except for Sat. & Sun. before 1pm. Passes on sale after May 1.

#### **EQUIPMENT RENTALS**

Credit card deposit is required on all rentals Rentals available from 9 am - 5 pm (weather dependant)

	1hr.	<b>4hr.</b>
Paddleboats:	\$35	\$130
Single Kayak:	\$25	\$90
Double Kayak:	\$30	\$110
Standup Paddleboard:	\$30	\$110
Lifejackets are available.		



15888 South Shore Dr. Truckee CA 96161

530-582-7777

Open from:

#### MAY-SEPTEMBER

#### No Dogs, Glass or Smoking

This 10-acre day-use beach is located on the West Shore of Donner Lake. American Red Cross Certified Lifeguards supervise the designated swim area.





#### • PIER THIRTY-ATE

Beach snacks, drinks, desserts and bags of ice.

#### BEACH PAVILION

Featured as a top Tahoe wedding & events destination.



#### BOAT STORAGE

Storage racks are located at the West End Beach on Donner Lake for kayaks and other small boats, including one-man outrigger canoes and rowing sculls. Must provide your own locks, cables, and signed release. One boat per storage unit. No security provided. No overhang allowed.

**SEASON:** May 1- October 1st (5 months) **REGISTRATION:** Sign-up onine starting April 18 for returning renters. April 25 for all new renters and remaining spots.

#### FEES: \$120 season

\*Does not include admission to West End Beach during business hours.\*

# Donner Lake Boat Ramp



#### 15511 Donner Pass Rd.

#### Boat Ramp Kiosk: 530-550-2318

Open:

#### SEASONALLY (WEATHER PERMITING)

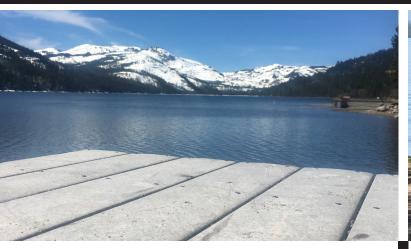
Please bring current Vessel Registration and Inspection certificates for all boats for season passes. You will need to pay to park if you are not launching.

CA Residents: Out of State/Commercial:	<b>Daily Pass</b> \$15 \$30	<b>Season Pass</b> \$125 N/A
Parking Only:	\$10	

Use of Fish Cleaning Station is \$10 when not paying launch/parking fee.

• Current boat registration required for season pass.

• Passes DO NOT include inspection fees.



# Donner Lake Public Piers

Donner Lake, CA 96161

530-582-7720

Open: YEAR ROUND

Restroom facilities are located at Shoreline Park or the Boat Ramp. Please share the piers & remove trash!

**Suggested donation:** \$5 per person, \$20 per gr<mark>oup</mark>



14551 Donner Pass Rd. Truckee CA 96161

530-582-7720

#### Open: YEAR ROUND





#### AUDITORIUM

THEATER/STAGE MOVIE SCREEN & PROJECTOR KITCHEN WET BAR PROSSER ROOM DONNER ROOM TRUCKEE ROOM CASTLE PEAK SAGEHEN STUDIO PLAYGROUND PUBLIC WIFI





10046 Church St. Truckee CA 96161

Office Phone: 530-550-4466

Open:

#### YEAR ROUND BASED ON PROGRAMING





# Community Recreation Center 530-582-7720

10981 Truckee Way

Open: YEAR ROUND

**GYMNASIUM** • 6 BASKETBALL HOOPS • 4 PICKLEBALL COURTS • 2 VOLLEYBALL COURTS **ART GALLERY** PRESCHOOL **AFTER SCHOOL CARE KITCHEN (COMMERCIAL) MEETING ROOMS FIREPLACE & FIREPIT OPEN LAWN AREA ART EXHIBIT PUBLIC WIFI** 











# Preschoo ages 2-5

#### FALL PRESCHOOL REGISTRATION:

Location: CRC Preschool Playground Grasshoppers (2-3 yrs old), Butterflies (3-5 yrs old) & WonderHub (2.5-5 yrs old), WonderHive (2-3 yrs. old) Current Families: April 10, 3:30pm-5pm New Families: April 11. 3:30pm-5pm \*Please bring a form of payment to secure your 2023-24 Preschool Spot

#### GRASSHOPPER PRESCHOOL

This program is designed as a first social preschool experience for children. Children are exposed to basic social skills, age-appropriate art and craft activities, stories, songs, discovery play, and outdoor experiences. Potty trained children and those in diapers are welcome. well as a hearty snack. Taught by staff trained and experienced in early childhood education.

#### AGES: 2-3+ **LOCATION:** Community Recreation Center

Days (Pick 2 da	<u>y sets of the week with (</u>	a Fri. option)
M. & W.	T. & Th .	Fri.
Time	Fee	
9:00am-1:15pm	\$42 per day	

License # 293623650

#### WONDER HUB 🖋

to problem solving. This program will focus on exploration in open-ended experiences that include art, science, language, movement,

<b>AGES:</b> 2.5 - 5	LOCATION: Comm	unity Arts Center
9:00am-1:15pm	MonFri.	\$45 per day

#### **SUMMER PRESCHOOL REGISTRATION:**

Location: Community Recreation Center - Preschool Playground Current Families: May 10 (online starting at 10am) New Families: May 16, 17, 18 from 11am-1pm in-person \*Please bring a form of payment to secure your 2023 Summer spot.



#### **Preschool Director: Heather Woosley** Phone: (530) 550-4454, Email: hwoosley@tdrpd.org Preschool Direct Line: (530) 550-4457 License # 293616131

Registration paperwork & packets at the Preschool Webpage



#### BUTTERFLY PRESCHOOL

This program is designed to provide developmentally appropriate opportunities to build concentration, independence, self-discipline, coordination, social skills, and creativity. Children freely engage in active exploration, allowing them to discover knowledge of the world through hands-on learning in a playful environment. Weekly themebased curriculum is prepared to develop the whole child through exposure to the basic concepts, skills, and exciting experiences. Children must be potty trained.

AGES: 3-Pre K **LOCATION:** Community Recreation Center

#### Days (Pick 2 day sets of the week with a Fri. option)

Mon. & Wed. Time 9:00am-1:15pm 1:15pm-3:30pm

Tue. & Thu. Fee \$42 am session

#### **WONDER HIVE**

#### **Preschool Enrichment**

#### **AGES:** 2-3

**LOCATION:** Community Arts Center

Mon. & Wed. or Tue. & Thu. \$32 per day

#### LITTLE STARS PRESCHOOL CAMP

This summer camp program is designed as an introduction to the preschool experience for children. Children are exposed to basic social skills, age-appropriate arts and crafts activities, stories, songs, discovery play, and outdoor experiences. Both potty trained children and those in diapers are welcome. Parents provide diapers, sunscreen, and extra clothes daily.

AGES: 2-3 **LOCATION:** Community Recreation Center Camp runs from Monday June 26th thru Friday August 25th (no school on July 4th). Parents can choose single day registration as well. Fee

Time 9:00am-1:15pm

\$42 am session

#### SUPERSTARS PRESCHOOL CAMP

Camp curriculum is thematically based and includes both indoor and outdoor activities. Campers will be exposed to basic social skills, cooperative games, and basic arts and craft activities, water play and circle time songs and activities. All campers must be potty trained. Please remember to pack a lunch, sunscreen, towel and water daily.

**AGES:** 3-5 LOCATION: Community Recreation Center Camp runs from Monday June 26th thru Friday August 25th (no school on July 4th). Parents can choose single day registration as well.

Time	
9:00am-1:15pm	
1:15PM-3:30PM	

Fee \$42 am session \$21 pm session



#### ALYCIA MUSCARELLA AMUSCARELLA@TDRPD.ORG

530-550-4463

MASON MOOMEY MMOOMEY@TDRPD.ORG (530) 448-9716



Mondays-Fridays available for all Kids Korner Programs

#### **Community Recreation Center**

After School Care

1:30pm-3:30pm (\$12 per day) 2:30pm-3:30pm (\$6 per day) \*Kings Beach ONLY. 3:30pm-5:30pm (\$12 per day) Mini Day: (\$27)

#### **Transition Program**

This children's program is for the transition time in between getting off the bus and going to classes at the Community Recreation Center or swim lessons at the Truckee Community Pool. This program also may be used for older children who wish to have a quiet study hall (up to 7th grade).

3:30pm-5:30pm (\$13 per day)

#### **Truckee Elementary School**

Before School Care:

7:00am - 9:00am (\$12 per day) (\$13 for drop-ins)

#### Glenshire Elementary School- Modular #31

#### Before School Care:

7:00am - 9:00am (\$12 per day)

#### After School Care:

1:30pm-3:30pm (\$12 per day). 3:30pm-5:30pm (\$12 per day) Mini Day: (\$27)

#### **Community Arts Center**

Art Korner (see pg. 25 for more info) 3:30pm-5:30pm (\$22 per day) Mini Day: (\$27)

# Kids Korner Grades TK-5

#### The Purpose of Kids Korner is to

provide a safe, healthy environment for elementary age children to experience peer socialization and recreation. Daily License # 293623611 License # 293616140 License # 293605858

activities include: indoor gym organized games, crafts, homework, story, snack, free time, and outdoor play. Monthly activity schedules are posted at the site for your convenience. In order to meet the physical, social, emotional and recreational needs of children the program will:

- Provide children a secure environment staffed by warm, friendly leaders.
- Offer activities that will promote self-esteem, confidence and responsibility.
- Encourage children in creativity and develop decision-making skills by providing choices within set limits.
- Provide recreation, social and academically oriented activities.

# Kids Kamps

School's not in session, so let's have some fun at our Kids Kamp! Enjoy no homework, laughing with your friends, being creative with crafts and cooking projects. All Kamps meet at the Community Recreation Center from 8am-5:30pm. Children need to bring a lunch, and appropriate clothing for activities each day. There will be a schedule of activities available the week before each camp begins. All holiday programs must meet a minimum participant requirement to happen. **All changes/cancellations must be requested by the Tuesday of the week prior by 5:00 pm to receive a full refund. No credits or refunds will be given to any cancellations for any reason after the deadline.** All Camps are at the Community Recreation Center Kids Korner Room and run from 8:00am-5:30pm.

\$55 per day

#### **February Fun Days**

February 21-24

Spring Fling April 3-7

#### NEW!!! KIDS SQUARE (AFTER-SCHOOL ENRICHMENT)

A play-based program geared towards outside gross motor fun, with access to the gym during bad weather.

Ages: Grades	s K-5	tion: Glenshire Elementary
Days	Time	Fee
Mon Fri.	3:15pm-4:3	\$8 per day

#### **SNOW DAYS**

It's snowing and school is canceled! We will be providing a snow day program unless there is a power outage or the National Weather Service has advised it unsafe for anyone to be out on the roads. Snow day programs will be full of fun, snowy activities, we promise! Bring a lunch, snow attire, swimsuit and a smile. Afternoon snack is provided. If you were signed up for Kid's Korner on a snow day you are not automatically signed up for the snow day. It is a separate program. If you paid for Kids Korner on a snow day, those fees will be credited to your account to be used in the future. Be aware there are no refunds after registering. A valid Emergency Form must be on file in order to register.

Please register online at tdrpd.org: Called by TTUSD 9:00am-5:00pm \$55 per day At the CRC Meeting Rooms or Pool Party Room



23

# Art

#### YOUTH INTRO TO CERAMICS

Learn the basics of pottery on the wheel and hand building to create fun and functional ceramic pieces. Make something for yourself or gifts for others.

			to Oente
Dates	Days	Time	Fee
2/27-4/17	Mon.	4:30pm-5:45pm	\$168
4/24-6/5	Mon.	4:30pm-5:45pm	\$168

#### **YOUTH INTERMEDIATE CERAMICS**

For students that have previous experience with ceramics, this class will dive into more challenging techniques and creating ceramic sets. Students must have familiarity with clay and experience using the wheel.

Ages: 8-17

Δαρε. 8-17

Location: Community Arts Center

Location: Community Arts Center

Dates	Days	Time	Fee
3/1-4/19	Wed.	4:30pm-5:45pm	\$168
4/26-6/7	Wed.	4:30pm-5:45pm	\$168

#### FAMILY CERAMICS

Family pottery class is a fun way to create hand-made art work with your child. Learn the basics of pottery on the wheel and hand building techniques. This class is for 1 adult and 1 child only, please contact the main office at 530-582-7720, for availability and pricing for any additional children with the same adult.

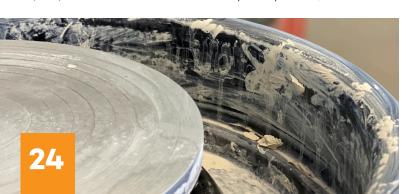
Ages: 8+	Location: Community Arts Center

Dates	Days	Time	Fee
2/27 - 4/17	Mon.	6:15pm-7:30pm	\$189
4/24 - 6/5	Mon.	6:15pm-7:30pm	\$162

#### ADULT INTRO TO CERAMICS

Learn the basics of ceramics on the wheel and hand building to create fun and functional ceramic pieces. Make something for yourself of create a gift for a friend.

<b>Ages:</b> 16+	Location: Community Arts Center		
Dates	Days	Time	Fee
3/1 - 4/19	-	6:15pm-7:30pm	\$168
4/26-6/7		6:15pm-7:30pm	\$168



#### ARTSCAPES



Explore patterns, different art mediums, and a variety of tools in our instructors multi-media based art class. Let the landscape be the inspiration in this class filled with new projects and creative discovery. Each week focuses on a different landscape, be it outer space, oceans, deserts, or mountains.

Ages: Grades K-8

Location: Community Arts Center

Dates	Days	Time	Fee
2/28 - 4/18	Mon.	2:45pm-4:00pm	\$154
2/28 - 4/18	Mon.	4:30pm-5:45pm	\$154
4/25 - 6/6	Mon.	2:45pm-4:00pm	\$154
4/25 - 6/6	Mon.	4:30pm-5:45pm	\$154



Try fun and trending crafts with an emphasis on home decor and gifts for friends and self. Each a totally different project, so participants will learn many techniques, mediums, and skills to build their creativity and self-expression. New projects each session!

Ages: Grades 2-5		Location: Community Ar	ts Center
Dates	Days	Time	Fee
3/1-4/19	Wed.	3:30pm-4:45pm	\$154
4/26-6/7	Wed.	3:30pm-4:45pm	\$154



Each week a new technique and/or medium will be explored at the Community Arts Center. For example: Figurative; Abstract; Drawing with pencil, colored pencils, and pen; Painting with watercolors, acrylics, and oil colors: modeling with clay and papier mache. All skill levels and backgrounds are welcome

<b>Ages:</b> 13+	Location: Community Arts Cente		s Center
Dates	Days	Time	Fee
(Teen 13+) 2/28 - 4/18	Tue.	5pm-6:30pm	\$175
(Teen 13+) 4/25 - 6/6	Tue.	5pm-6:30pm	\$175
(Adult 18+) 3/2 - 4/20	Thu.	5pm-6:30pm	\$250
(Adult 18+) 4/27 - 6/8	Thu.	5pm-6:30pm	\$250
(Senior 55+) 2/28 - 4/18 (Senior 55+) 4/25 - 6/6	Tue. Tue.	9am-10:30am 9am-10:30am	\$125 \$125

#### INTRO ТО РНОТОGRАРНУ

Explore different mediums of photography, including portraits, landscapes, and much more! Students should bring their own 35 mm digital cameras, if possible. Some loaners are available.

Ages: 8+

Location: Community Arts Center

Dates	Days	Time	Fee
2/28-4/18	Tue.	4;00pm-5:15pm	\$140
4/25-6/6	Tue.	4:00pm-5:15pm	\$140

#### INTRO TO WATERCOLOR

Explore modern techniques of the watercolor visual art. Learn about materials, practical methods, and discuss basic theory. Have fun painting and celebrate process vs. product to a desired effect.

Ages: All Ages	Location: Community Recreation Center
----------------	---------------------------------------

Dates	Days	Time	Fee
3/1-4/19	Wed.	5:30pm-6:45pm	\$175
4/26-6/7	Wed.	5:30pm-6:45pm	\$175

#### LEARN TO DRAW

Explore different drawing mediums such as pencil, charcoal, pastel, and calligraphy through fun lessons that show art tricks, process, and technique. Advanced techniques taught to returning students.

#### Ages: Grades 2-8 Location: Community Arts Center

Days	Time	Fee
-		
Mon.	4:30pm-5:45pm	\$154
Mon.	4:30pm-5:45pm	\$154
Mon.	2:45pm-4:00pm	\$160
Mon.	2:45pm-4:00pm	\$160
	Mon. Mon. Mon.	Mon. 4:30pm-5:45pm Mon. 4:30pm-5:45pm Mon. 2:45pm-4:00pm

#### **GLUE GUN MANIA**

*A* 

Get ready for glue gun madness! This class will allow students the freedom to create original pieces of art using glue guns, and every type of medium you can imagine. Wood, fabric, feathers, gems, you name it and your child will have the artistic license to create it

Ages: Grades 2-7	Location: Community Arts Center
------------------	---------------------------------

Dates	Days	Time	Fee
3/2-4/20	Thu.	3:30pm-4:45pm	\$154
4/27 - 6/8	Thu.	3:30pm-4:45pm	\$154

#### PLAYING WITH FOOD

4/25-6/6

Leave the mess to us! Explore the fun world of food and keep your kitchen clean. New projects every session, including paper-mache, fake out cakes, oobleck, lollipops, and more.

3:30pm-4:45pm

\$154

Ages: Grades TK-3		Location: Community Arts Center		
Dates	Days	Time	Fee	
2/28-4/18	Tue.	3:30pm-4:45pm	\$154	

#### MINDFUL EXPRESSIONS

Tue.

This class is a creative exploration into self-expression through different mediums and mindful self care, including an introduction to meditation, journaling, music, movement, as well as expressive art projects. During the course of the class, children will design a journal cover, as well as work with some journal prompts, create vision boards, sculpt to relaxing music, and exprierience music through movement and create a mindful mason jar.

Ages: Grades 3-8	<b>Location:</b> Community Arts Center
------------------	--

Dates	Days	Time	Fee
2/27-3/27	Mon.	3:45pm-5:00pm	\$110
4/10-5/8	Mon.	3:45pm-5:00pm	\$110



Join us for a fun-filled morning as we learn about the world around us in this weekly parent-participation class. Each week we'll explore a different theme celebrated through music, movement, finger-play, art, snack, and large and small motor activities. Classes also include informal parent discussions or pertinent child-development topics. Please join us for this special class to showcase what your 2-4 year old can do!

Ages: 2-4 & Parent

Location: Community Recreation Center

Dates	Days	Time	Fee
3/2-4/20	Thu.	9:15am-10:15am	\$154
4/27-6/8	Thu.	9:15am-10:15am	\$154

#### LIFE STUDIO

Welcome to life studio. Render the human form every Saturday with the medium of your choice. Any level, adults only, practicing drafting skills from live, sometimes nude, models. There is a \$25 material fee in addition to each session's fee.

Ages: 18+	Location: Community Arts Center		
Dates	Days	Time	Fee
3/4-4/15	Sat.	11am-12:30pm	\$150
1	1 / 1 /	Y AL	YA WAR



#### PORTRAIT CLASS

Portraiture classes with different mediums, such as ceramics, oils, acrylics, and mixed media, etc. Any level is welcome. \*\*No class on April 7th due to Spring Break\*\*

Ages: All Ages

**Location:** Community Arts Center

Dates	Days	Time	Fee
3/3-4/21	Fri.	4:30pm-6pm	\$175
4/28-6/9	Fri.	4:30pm-6pm	\$175



#### ART KORNER 💞

A great option for after school care! We've added so much to do for this creation station. Kids have access to creating using materials such as cardboard, wood, acrylics, glue guns, yarn, and much, much more. A great chance for kids to decompress after school focusing on process not product.

Ages: Grades K-5		Location: Community Ar	ts Center
<b>Dates</b> After School 3/1 & 5/3 (Mini Day)	Days MonFri.	<b>Time</b> 3:30pm-5:30pm	<b>Fee</b> \$22 per day ( <b>\$32</b> )



# Enrichment

#### **SIGN LANGUAGE FOR BABIES**

Join us for a baby sign language class based in ASL for babies (birth-2 years old) and their grown-ups. Enhance communication and bond with your little one while meeting other families in our community! Hope to see you there. Drop-in available: \$15 per drop-in.

<b></b>			_
Ages: Birth-2 & Paren	ts	Location: Community Recre	ation Center

Date	Days	Time	Fee
3/7-4/25	Tue.	10:15am-11:15am	\$105

#### **MISSION TO MARS CAMP**

NASA wants to send a manned mission to Mars. However we will send a group of children intead. This camp experience would simulate a trip there, setup a city and return.

Ages: 8-12	Location: Truckee Tahoe Airport

Date	Days	Time	Fee
4/15-5/20	Sat.	9am-3pm	\$150

#### **LINE DANCING**

**Ages:** 16+ Tuesdays, Ongoing (**Dates:** 2/7 - 12/31/2023) **Location:** Community Recreation Center **Fee:** \$6 resident, \$8 non-resident

> NEVADA DANCE

#### Beginning Line Dance - Tuesdays 6:15-7:15pm

Line dance has evolved far beyond the country bar scene with music that covers a broad spectrum. This class is for individuals who have no dance experience or limited dance experience. Beginners typically need more practice and review with no pressure from seasoned dancers.

#### Improver Line Dance - Tuesdays 7:15-8:30pm

This class is for individuals who have taken line dance classes before, have a background in some form of dance, pick up dance steps easily and/or are familiar with basic line dance steps. Regular participation and a willingness to challenge oneself is expected.

Join Sherrie Peterson with Sierra Nevada Dance for dance classes & TYDE! Dancers and/or parents may contact Sherrie directly for any questions or concerns by calling 530-582-1894 or 530-386-6683. SPRING DATES (WEEKS OF) : 4/17 - 6/22

#### **BALLET** I

Ages: 4-6	Location: Community Recreation Center		
Days	Time	Fee	
Mon. (ages 4-6)	4:00pm-5:00pm	\$156	
Wed. (ages 6-8)	4:00pm-5:00pm	\$156	

#### BALLET II

Ages: 7-10	Location:	Community Recreation	on Center
Days	Time	Fee	
Wed.	5:00pm-6:00pm	\$156	

#### **BALLET III**

Ages: 7-10	Location: Community Recreation Center		
Days	Time	Fee	
Thu.	4:00pm-5:00pm	\$156	

#### **BALLET IV**

Ages: 8-11	Location:	Community Recreation Center
Days	Time	Fee
Thu.	5:00pm-6:00pm	\$156

#### **MUSIC TOGETHER FAMILY CLASS**

Join us for a weekly 45 minute music and movement class especially designed for young children and their parents, or caretakers that includes music, movement and instrument play. \$40 Material Fee in addition to the program fee.

Ages: Birth-5	& Parents	Location: Communi	ty Recreation Center
Dates	Days	Time	Fee
4/17-6/23	Mon.	9:15am-10am	\$200
4/17-6/23	Mon.	5:15pm-6pm	\$200
4/18-6/20		9:15am-10am	\$200



#### **ADULT BALLET W/ STRETCH**

Ages: 18+	Location: Community Recreation Center		
Days	Time	Fee	1
Thu.	9am-10:15am	\$156	

#### INTER. BALLET W/ POINTE

Ages: 11+	Location: Community Recreation Center		
Days	Time	Fee	
Mon.	5pm-6:30pm	\$156	
Thu.	6pm-7:15pm	\$156	

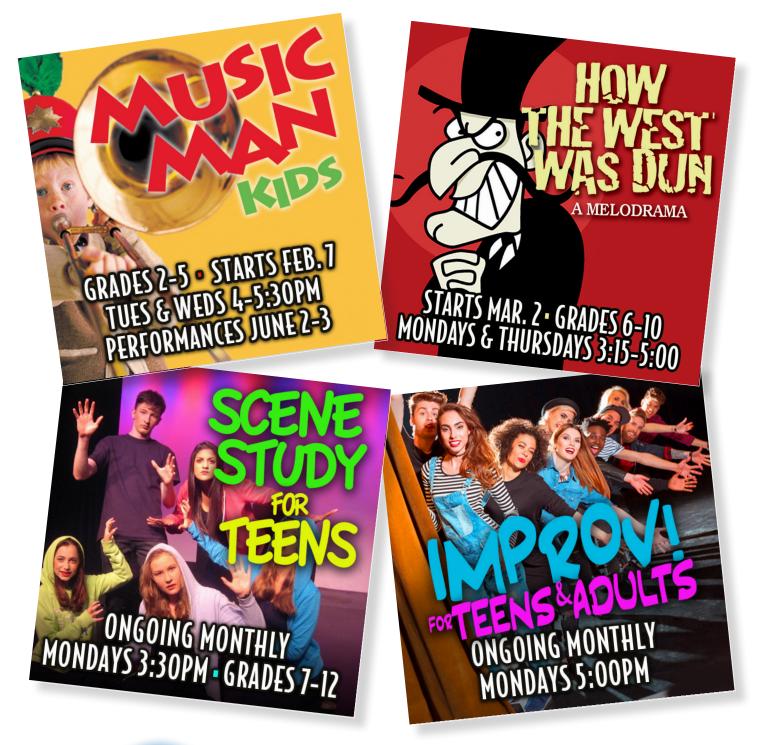
#### **CREATIVE DANCE**

Ages: 2-5	<b>Location:</b> Community Recreation Center		
Days	Time	Fee	
Tue. (ages 4-5)	10:30am-11:15am	\$156	
Wed. (ages 4-5)	10:30am-11:15am	\$156	
Thu. (ages 2-3)	10:30am-11:15am	\$156	

#### JAZZ/TAP COMBO

Ages: 5-13	Location:	Community Recreation Center
Days	Time	Fee
Tue. (ages 5-7)	4:00pm-5:00pm	\$156
Tue. (ages 8-13)	5:00pm-6:00pm	\$156

# **SPRING THEATER CLASSES!**





PERFORMING AT A HIGHER LEVEL Spring programs held at the Community Arts Center, downtown Truckee. Scholarships are available for those needing financial assistance.

# Register Today!

# **Youth Sports**

#### KIDS CLIMB

This class is designed for kids grades 1-6 to have supervised openclimb time on the CRC climbing/bouldering walls. There is no climbing curriculum or instruction, and the class is not intended for first time climbers. Climbers must be pre-registered for the session to participate.

۸a	<u>.</u>	Gr	ades	1_/	4
AQ	es.	Gro	Jues	T-0	)

Location: Community Recreation Center

Dates	Days	Time	Fee
3/7-4/27	Tue. & Thu.	4:30pm-5:30pm	\$118
3/7-4/27	Tue. & Thu.	5:30pm-6:30pm	\$118
5/2-6/22	Tue. & Thu.	4:30pm-5:30pm	\$135
5/2-6/22	Tue. & Thu.	5:30pm-6:30pm	\$135



#### 1 **INSTRUCTIONAL CLIMBING CLASSES**

Leaping Lizards: An instructional Climbing Class designed for first time/beginner climbers.

Mighty Monkeys: An instructional Climbing Class designed for experienced/advanced climbers. Subject to instructors approval.

Ages: Grades 1-6

Location: Community Recreation Center

Leaping Lizards: 4:30pm-5:25pm (Grades 1-3) Mighty Monkeys: 5:30pm-6:25pm (Grades 4-6)

Dates	Days	Fee
3/6-4/26	Mon. & Wed	\$118
5/1-6/21	Mon. & Wed.	\$135
*Classes do NOT me	et on holidays and school breaks.	

#### **COMPETITION CHEER TEAM**

This Cheer Team option is for Cheerleaders who want to take it to the

next level and compete in regional Cheer competitions in Nevada and California. Focus on competition level stunting and choreography, and preparation for regional comps. Cheerleaders must have been enrolled in previous sessions A-C to enroll in Spring dates. Includes participation in 2 regional competitions, and additional comps may be added based on team qualification and interest. \$200 due to Coach to cover competition entry fees (for 2 regional comps TBD) and materials. Ages: 7+ Location: Veterans Building

Dates	Days	Time	Fee	
3/7-4/25	Tue.	4pm-6pm	\$150	
5/2-6/20	Tue.	4pm-6pm	\$150	



#### YOUTH VOLLEYBALL

A fun and competitive league for children to learn and improve their volleyball skills! This will be popular so sign up early! Parents - Let Angelo know if you would like to volunteer/coach.

Ages:	Grades 3-4	Location: Community Recreation Center
	Grades 5-6	
	Grades 7-8	

Dates	Days	Time	Fee
2/27 - 4/15	Mon.	3:30pm-5:30pm	\$100

#### YOUTH VOLLEYBALL SKILLS DAY SCHEDULE

Mon., Feb. 27 Tue., Feb. 28 Wed., March 1 5th-6th Grade Co-ed 7th-8th Grade Co-ed 3rd-4th Grade Co-ed 4:30pm-6pm 4:30pm-6pm 4:30pm-6pm

#### Practice Schedule will be handed out at Skills Day

Games will start after the skills sessions and the teams are made. Games are on Saturdays, with some mid-week games on Thursday or Friday at the Community Recreation Center. Season ends approximately April 8th.



#### KARATE

Join sensei Cliff Field with IKL Karate!

All ages 10+ to adult and skill levels welcome. Younger ages require instructor approval. Please email info@tdrpd.org. Belts, membership and other fees paid directly to instructor based on level and progression.

<b>Ages:</b> 10+	Lo	cation: Communtiy Rec	creation Center
Dates	Days	Time	Fee
3/8-4/26	Wed.	5:30pm-7:30pm	\$40
5/3-6/21	Wed.	5:30pm-7:30pm	\$35

# Adult Sport Leagues

#### SCHEDULES & STANDINGS ON: WWW.TEAMSIDELINE.COM/TRUCKEE

\* Please use www.teamsideline.com/truckee for all updates, team schedules, standings and more.

\* Please call Angelo to sign up as Free Agent: 530-550-4451 or angelo@tdrpd.org

#### SCHEDULES & STANDINGS SIGN ON: TEAMSIDELINE.COM/TRUCKEE

Please use www.teamsideline.com/truckee for all updates, team schedules, standings and more

\* Please call Angelo to sign up as Free Agent: 530-550-4451 or angelo@tdrpd.org

#### FREE AGENTS!!!

Want to join a team, but don't know how? Email angelo@tdrpd.org to be put on our free agent list. It is helpful to include a short description of your experience and the level of competition you are looking for. Enterprising free agents can combine forces and create a new team. Drop-in is always a great place to start meeting players that play in the leagues. Rec League games are always open to the public, if you want to check out the action or see if any teams are looking for players.

#### **PRIORITY ENROLLMENT FOR RETURNING TEAMS IS ON APRIL 4, 2023**

#### **MEN'S SOFTBALL LEAGUE**

Softball is a great way to spend your summer nights! We offer 3 leagues based on ability level with D1 being our most competitive league. AGES: 18+ LOCATION: Truckee River Regional Park

Dates	Days	Time	Fee
D1: 5/17 - 8/23	Wed.	6:30pm-10pm	\$870
D2: 5/16 - 8/22		6:30pm-10pm	\$870
D3: 5/15 - 8/21	Mon.	6:30pm-10pm	\$870

#### **COED BOCCE BALL LEAGUE**

Form a team of 4-8 players and register as a team! All ages 16+ are invited to come out and try a new sport. Choose one night and one league. Bring a picnic dinner, beverage of choice or use the BBQ to enhance the social aspect of the game.

LOCATION: River View Sports Park

Dates	Days	Time	Fee
6/5 - 8/14	Mon.	6pm-9pm	\$200
6/6 - 8/15		6pm-9pm	\$200
6/7 - 8/16	Wed.	6pm-9pm	\$200
6/8 - 8/17	Thu.	6pm-9pm	\$200
6/4 - 8/13		6pm-9pm	\$200



Join us for our annual Cornhole League! Come out this summer for 8 weeks of round-robin play and two final weeks of tournament play. Players will get the chance to play with randomly selected teammates as well as individual play throughout

the season. Scores are calculated and individually uploaded into players profiles, and 6 weeks worth of scores will be totaled to create standings. Players can either miss two weeks of play, or drop their two lowest scores. At the end of the season, players will be divided into two leagues and tournament play will commence! Prizes will be given out to top players in each league.

Ages: 18+	<b>Location:</b> Community Recreation Center

Dates	Days	Time	Fee
Spring 4/4 - 5/30	Tuesdays	6pm-9pm	\$10 drop-in
There will be a com	petition torname	ent on the Sunday that	coinsides with the end
of each league.			

#### **COED SOFTBALL LEAGUE**

Get your friends, co-workers, or service group together and sign up as a team. It's fun, outdoors and a great way to spend some time together. AGES: 18+ LOCATION: Truckee River Regional Park

**Adult Leagues** 

Dates	Days	Time	Fee
A: 5/15 - 8/21	Mon.	6:30pm-10pm	\$785
B: 5/16 - 8/22		6:30pm-10pm	\$785
C: 5/18 - 8/24	Thurs.	6:30pm-10pm	\$785
D: 5/18 - 8/24	Thurs.	6:30pm-10pm	\$785
E: 5/17 - 8/23	Wed.	6:30pm-10pm	\$785



#### **5 V 5 SOCCER LEAGUE**

Join us on Sunday nights for 5 v 5 adult soccer. Must be 35 or older to play. Only team captions need to register. If you are a free agent looking to join a team or have any other questions, please email Angelo: angelo@tdrpd.org

AGES: 18+		LOCATION: River View Sports Park	
Dates	Days	Time	Fee
5/14-7/9 (18+)	Sundays	6pm-10pm	\$225
5/14-7/9 (35+)	Sundavs	6pm-10pm	\$225

#### **COED SOCCER LEAGUE**

Join us for our summer adult soccer league and enjoy some competition in the beautiful Truckee sun with an ideal line-up of 8 men & 3 women to a team. A & B Leagues.

<b>AGES:</b> 18+	LO	<b>LOCATION:</b> River View Sports Park		
Dates	Days	Time	Fee	
A: 7/9-9/10	Sundays	10am-1:30pm	\$800	
P. 7/0 0/10	Sundava	10 gm 1:20 m	éonn	

#### **BASKETBALL DROP-IN**

#### **NOON BALL**

The best pick-up basketball in the Tahoe region! If you want to meet some local players and get on a league team, start here.

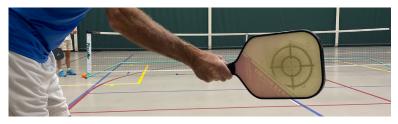
Ages: 18+	Location: Community Recreation Center			
Dates	Days	Time	Fee	
Ongoing	Mon., Wed. Fri.	11:30am-1:30pm	\$6 drop-in	

\$54 Punchcard (10 visits)

#### 50+ EVENING DROP-IN

Fun basketball with a great group of players. Relive the glory days on the legendary Veterans Hall hardwood.

Ages: 50+	Location: Community Recreation Center		
Dates	Days	Time	Fee
Jan Mid April	Mondays	6:00pm-7:30pm	\$6 drop-in
Location: Veter	ans Building		
Mid April -	Tuesdays	6:00pm-7:30pm	



#### **ICKLEBALL INSTRUCTION**

**INSTRUCTOR:** Dan Jenkins

Learn the basics of the game, rules, play, technique, stroke mechanics and strategy. Pay directly with instructor. Contact info@tdrpd.org to reaister.

Ages: 18+ Location: Community I		unity Recreation Center	
Dates	Days	Time	Fee
Ongoing	Sun.	12:30pm-4:30pm	Private: \$70 per hr. Semi-Private: \$30 per hr. per person.

#### **PICKLEBALL DROP-IN**

Pickleball is one of our most popular programs. It is an easy to learn game that quickly develops into fast paced fun for all ages. Racquets and balls provided or you can bring your own.

Ages: 16+	Location: Community Recreation Center

Dates	Days	Time	Fee
Ongoing	Tue. & Thu.	10:30am-2:30pm	\$6 drop-in
		\$54 Pun	chcard (10 visits)

#### YOGA ON THE MAT (STARTS ON MARCH 15)

Yoga on the mat welcomes people who have always wanted to try yoga but felt intimidated or have been away from it for a while or otherwise consider themselves beginner or intermediate at yoga.

Ages: 18+		Location: Community Recreation Center	
Dates	Days	Time	Fee
Starts March 15	Wed.	12pm-1pm	\$10 drop-in

#### **AGILITY STRENGTH & BREATH TRAINING**

A class to move your body in ways that will prevent sports and other injuries as well as rebuild flexibility, joint mobility and whole body strength, stamina and range of motion.

Ages: 18+	Location: Community Recreation Center

Dates	Days	Time	Fee
Ongoing	Thu.	11am-12pm	\$15 drop-in

# Adult Drop-In

#### HOCKEY DROP-IN

Adults and skilled teens (16+), bring your own gear for two hours of dropin play. No contact, no goalies, no passes, no comps - just fast past skating and shooting to get your skills up. Please note, attendance is limited to the first 20 players.

Ages: 16+

Location: Truckee Ice Rink

Dates		Days	Time	Fee
Women's	11/28-3/13	Mon.	8pm-10pm	\$17 drop-in
Men's	11/27-3/12	Sun.	8pm-10pm	\$17 drop-in
50+	12/24-3/10	Fri.	8pm-10pm	\$17 drop-in

#### **STICK TIME: HOCKEY DROP-IN**

Time available to come to the rink with friends or family to play, pass and shoot around with your hockey stick & puck.

Ages: 16+ L		Location: Truckee Ice Rink	
Dates	Days	Time	Fee
11/27-3/12	Fridays.	8pm-10pm	\$17 drop-in



Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results fast! It's a calorie-torching, hip swiveling, dance party with a hot play list to distract you from the burn. Ages: 18+

Location: Community Recreation Center

(Visit jazzercise.com for more information and to sign up for classes.)

#### **TABLE TENNIS DROP-IN**

Our Table Tennis program continues to grow in popularity. Enjoy fun games at the historic Veterans Building above downtown Truckee.

Ages: 18+ Location: Veterans Building

Dates	Days	Time	Fee
Ongoing	Thu.	6pm-8pm	\$6 drop-in
		\$54	Punchcard (10 visits)

#### **CHAIR YOGA**

The class offers poses suitable for various levels of experience to make yoga enjoyable for anybody who can stand, sit and lay on the floor (on a personal mat).

Dates	Days	Time	Fee
Ages: 18+		Location: Community	Recreation Center

tes	Days	TIME	Fee
going	Tue. & Fri.	1pm-2:15pm	\$5 drop-in

#### **QI GONG**

Ona

Qi Gong practice is comprised of a series of slow and gentle movements along with deep coordinated breathing. As the chatter in the mind diminishes, a sense of relaxation and ease follows. Wonderful results are achieved by all regardless of conditioning and physical issues. The movements can be accomplished from a sitting position if necessary.

Ages: 18+	Locatio	Location: Community Recreation Center & Community Arts Center		
Dates	Days	Time	Fee	
Ongoing	Tue. (CRC)	9am-10am	\$6 drop-in \$40 2 Month Registration	
Ongoing	Thu. (Arts Center)	9am-10am	\$6 drop-in	

\$40 2 Month Registration



#### LIFEGUARD RECERTIFICATIO

Your Lifeguard certification will expire after 2 years if you don't take a review class to stay current.

Date	Days	Time	Fee
3/19	Sun.	8am-4pm	\$110
4/30	Sun.	8am-4pm	\$110

#### LIFEGUARD TRAINING

The American Red Cross Lifeguard Training course certifies persons (age 15+) to work as lifeguards. Includes professional rescuer level CPR/AED & O2 administration. Participants must be able to swim water for 2 min. Course information and required online class links it carefully- there are a lot of details! Plan on spending around 7 hrs for the online portion of the class prior to day 1. Full financial aid is

Location: Truckee Community Pool

Date	Days	Time	Fee
4/3-4/5	MonWed.	8:30am-5:30pm	\$275
6/24-6/26	SatMon.	8:30am-5:30pm	\$275

# Health/Aquatics



#### **BACK PAIN UNIVERSITY**

#### WITH DR. BARRY TRIESTMAN

Please bring: a yoga or exercise mat, please wear workout shorts to any and all of the classes below. See detailed descriptions of each class online. Ages: 18+ Location: Community Recreation Center

#### THE DIAGNOSIS, DIGGING DEEP TO THE CAUSE

Dates	Days	Time	Fee
4/18	Tue.	6:30pm-8pm	\$25 per class

#### HOW TO MOVE RIGHT TO FIX YOUR BACK

Dates	Days	Time	Fee	
5/2	Tue.	6:30pm-8pm	\$25 per class	

#### **MASTERS SWIMMING**

Sierra Nevada Masters at Truckee (SNMAT) Swim Workout Group is a local masters swimming group in Truckee, CA affiliated with Sierra Nevada Masters (SNM) Swimming out of Reno, NV and is a member of United States Masters Swimming (USMS).

<b>AGES:</b> 18+	LOC	ATION: Truckee Community Pool		
Dates	Days	Time	Fee	
Ongoing	Tue. & Thu.	6:15am-7:30am	USMS membership + Pool Admission	

USMS Membership Info: usms.org (select SNMAT club affiliation)

For more SNMAT Swim Workout Group info contact Sarah Clement - swimsarah@yahoo.com

#### **AI CHI - AQUATIC ENERGY**

Based on elements of Qigong and Tai Chi, Ai Chi is specifically designed for the water and is characterized by slow movement that is coordinated with deep breathing. Ai Chi was initially developed for more specific therapeutic applications and eventually became more mainstream within the aquatic industry. Deep breathing is a relaxation technique of its own but combining it with gentle movement enhances tension release. A specific set of moves offer participants an excellent way to move with less pain, to work on balance and mobility, and to experience a full range of motion. (water shoes recommended)

AG	ES:	18+	

LOCATION: Truckee Community Pool

Dates	Days	Time	Fee
Ongoing (starting Sept.)	Tue.	9:00am-10:00am	\$5 drop-in
Punch Cards Available for \$1	10 for 10 sessions		

#### FLEXIBILITY AND IT'S IMPORTANCE

Days Ti<u>me</u> Dates 6:30pm-8pm \$25 per class Tue.

#### SUPER STRENGTH TO DO WHAT YOU WANT

Dates	Days	Time	Fee
5/9	Tue.	6:30pm-8pm	\$25 per class

#### FIXING YOUR RUNNING WITH VIDEO GAIT ANALYSIS: A BIOMECHANICAL APPROACH

Dates	Days	Time	Fee
6/6	Tue.	6:30pm-8pm	\$25 per class

#### **AQUA FIT FITNESS**

4/25

Monday and Friday - Deep Water Workout (flotation belts provided). Wednesday - Shallow Water High Intensity Interval Training (HIIT) (water shoes recommended)

<b>AGES:</b> 18+	nunity Pool				
Dates	Days	Time	Fee		
Ongoing	Mon. Wed. & Fri	9:00am-10:00am	\$5 drop-in		
Punch Cards Available for \$110 for 10 sessions					

#### **AQUA FIT FITNESS (AFTER WORK)**

ANYONE WORKING LONG HOURS, NO ME TIME DURING A BUSY DAY. THIS AFTER HOURS WORKOUT IS FOR YOU! Join us in the pool on Tuesday and Thursday EVENINGS, 6pm-7pm, for high intensity workout. This limited evening series is designed with you in mind. After a long day at work, or a very busy day without a break - come to the pool! This Aqua Challenge class is for all levels of fitness. The class will include High Intensity Interval Training, Circuit Training, Strength Training and some Cardio Kickboxing. Water

workouts are a fun way to increase our fitness levels - while doing something nice for our bodies.

#### LIMITED SERIES: TUE. & THU. (JAN. 31 - MARCH 2)

AGES: 18+ LOCATION: Truckee Community Pool TIME: 6:00pm - 7:00pm

10 SESSION PUNCHARD: \$110 (includes admission & program fee)

Ζ	
Ō	

# **AQUA FIT**

\$5 drop-in + Pool Admission Truckee Community Pool 9am-10am

# **NOON BASKETBALL**

Community Recreation Center \$6 drop-in 11am-1:30pm

# PICKLEBALL

Community Recreation Center (Beginner Only) \$6 drop-in 2pm-4pm

# TUESDAY

Community Recreation Center QI GONG 9am-10am \$6 drop-in

## \$5 drop-in + Pool Admission **Truckee Community Pool** 9am-10am **AI CHI**

# PICKLEBALL

Community Recreation Center 10:30am-2:30pm \$6 drop-in

# CHAIR YOGA

Community Recreation Center 1:15pm-2:15pm Ś5 drop−in

# CORNHOLE 6pm-8:30pm

Community Recreation Center \$5 drop-in

# **50+ BASKETBALL** 6pm-7:30pm

Community Recreation Center \$6 drop-in All Programs Are For

# WEDNESDAY

\$5 drop-in + Pool Admission Truckee Community Pool AQUA FIT 9am-10am

# **TABLE & CARD** GAMES

**NOON BASKETBALL** 

\$5 drop-in + Pool Admission

Truckee Community Pool

Community Arts Center

9am-10am \$6 drop-in

QI GONG

9am-10am

AQUA FIT

FRIDAY

THURSDAY

**Community Recreation Center** 

**Community Recreation Center** 

\$6 drop-in

10:30am-2:30pm

**PICKLEBALL** 

11am-1:30pm \$6 drop-in Community Recreation Center

& BREATH TRAINING **AGILITY STRENGTH** 

Community Recreation Center

11am-12pm

\$15 drop-in

\$5 drop-in

1:15pm-2:15pm

CHAIR YOGA

Community Recreation Center 9am-11am

# **NOON BASKETBALL**

Community Recreation Center 11am-1:30pm \$6 drop-in

# **YOGA ON THE MAT**

1pm-3pm Community Recreation Center

MAH JONG

**TABLE TENNIS** 

6pm-8pm Veterans Building

\$6 drop-in

Community Recreation Center (Starting March 15) \$10 drop-in 12pm-1pm

Veterans Building 6:30pm-9:30pm

# CRIBBAGE CLUB

FITNESS CENTER/INDOOR TRACK

FACILITY HOURS

\$5 drop-in

8:00 am - 12:00 pm 6:00 am - 8:00 pm 8:00am - 1:00 pm Mon.-Fri. Sat. Sun.

# **TRUCKEE COMMUNITY (INDOOR) POOL**

6:00 am - 12:00 pm & 3:00 pm - 7:00 pm Rec Pool Closed for Swim Lessons from 3pm-7pm) 7:00 am - 9:00 am & 1:00 pm - 6:00 pm L:00 pm - 6:00 pm Mon. - Fri. Sun. Sat.

# TRUCKEE ICE RINK - Public Skating

11:00 am - 3:00 pm Wednesdays Saturdays Sundays Fridays

12:00 pm - 7:45 pm 12:00 pm - 7:45 pm 3:00 pm - 7:45 pm

MORE INFORMATION AT TDRPD.ORG Adults (ages 18+) Only.



## Gota Hobby You Want to Share?

G

We are looking to expand our programming offered here at TDRPD. If you have an idea or looking to get involved in our Golden Programs, please email Sven Leff (sven@tdrpd.org).



#### Need a Rides TART & DIAL-A-RIDE

The Truckee Dial-A-Ride service is offered



year round to the general public with priority service for seniors and persons with disabilities. Free fares are offered on the Dial-A-Ride to ADA certified passengers. This paratransit service is available for trips within the town limits, 6:30AM-6:30PM, daily. Please call: (530) 550-7451 to schedule your trip. **For more information visit:** tahoetruckeetransit.com.

For up to date information about our senior programs and activities visit:

www.tdrpd.org/seniors or www.tdrpd.org/golden





Classes are for 1 day each week.

Session D: Feb. 27 - April 23 Session E: April 24 - June 18

Search online (<u>tdrpd.org/swimlessons</u>) to see the full swim schedule and to enroll.

# INFANT/TODDLER - LEVEL 0 \*\*\* No "Local School" Flag required for children under 5 years old \*\*\* Image: Parent and Tot (4 months-3 years): We introduce basic water and safety skills and water acclimation with games, songs, & lots of toys. Image: Parent and Tadpole (2-3 years): Water acclimation continues in this class, where the parent and teacher encourage basic

safety and swim skills through repetition and games. Child must have passed Parent & Tot or LOVE the water.



**<u>Guppy (3-4 years)</u>**: This is a starting point for children with no prior experience in swim lessons. Children learn to relax & enjoy the water while acquiring swim and safety techniques.

#### LEVEL 1



#### \*\*\* No "Local School" Flag required for children under 5 years old \*\*\*

**Narwhal (3–5 years):** This class is for children who have passed Guppy level & feel comfortable putting their face in the water. 5-year-olds uncomfortable in the water may also take this level class. Intro to basic water safety and swim skills.



\*\*\* No "Local School" Flag required for children under 5 years old \*\*\*



their face in the water. Continued intro to water safety and swimming skills.

Jellyfish (3-4 years): Must pass Narwhal to start. This class is for children who are 3-4 years who feel comfortable putting



**Seahorse (5+ years):** Primary Skills. This class is for children who are 5 years and up who feel comfortable putting their face in the water. Intro to water safety and swimming skills, including flutter kicks and back floating.

MSLTS (Middle School Learn to Swim): Conquer your fear of swimming! Work in your comfort zone & at your own pace to learn how to swim. Lessons taught in the shallow, warm water pool.



**Teen/Adult Beginner:** Conquer your fear of swimming! Work in your comfort zone & at your own pace to learn how to swim. Lessons taught in the shallow, warm water pool.

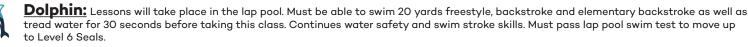
#### LEVEL 3

**Crab:** Stroke Readiness. This class is for children who can comfortably swim 5 yards on their front & 5 yards on their back. Children will continue to learn basic water safety & swim skills; front & back stroke, with introduction to treading water & deep water swimming.

#### LEVEL 4

**Turtle:** Students should be able to tread water for 10 seconds before taking this class. This class is for children who can comfortably swim 10 yards on their front and 10 yards on their back. Children will continue to develop front & back stroke, deep water swimming, with introduction to side breathing & breaststroke.

#### LEVEL 5



#### LEVEL 6

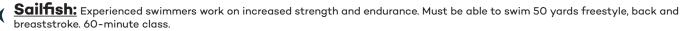


**Seal:** Must have passed TDRPD swim test to take this class. Students should be prepared to spend entire class in lap pool. Must be able to swim 25-yard freestyle, backstroke, sidestroke and tread water for 60 seconds.

#### LEVEL 7

**Sea Otter:** Must have passed TDRPD swim test to take this class. Must be able to tread water for 60 seconds, swim 30 yards freestyle, 25 yards breaststroke and backstroke. Develops swim fitness, water safety & refines swim skills. 45-minute class.

#### LEVEL 8



SWIM LEVELS				WAITLIST YOUR CHILD! Additional swim lessons might be added for classes that have waitlists.					
			MX 3		•	<b>N</b>	2		
		NS TAKE PLAC	CE IN THE R	EC POOL	REC/LAP			CE IN THE LA	
SKILLS LEARNED Water Adjustment	0	1	2	3	4	5	6	7	8
Back Float	$\checkmark$								
Flip Belly to Back	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$					
Belly Float		$\checkmark$							
Streamline		$\checkmark$	5 yds	<b>10</b> yds	5 yds				
Freestyle		3 yds	5 yds	<b>10</b> yds	20 yds	<b>25</b> yds	30 yds	50 yds	100 YDS
Side Breathing					INTRO	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Backstroke		3 yds	5 yds	<b>10</b> yds	<b>15</b> yds	20 yds	<b>25</b> yds	50 yds	100 YDS
Elem. Backstroke			5 yds	<b>10</b> yds	20 yds	<b>25</b> yds	$\checkmark$	$\checkmark$	$\checkmark$
Tread Water				10 SEC	20 SEC	30 sec	60 sec	3 мін	5 мім
Breaststroke					INTRO	$\checkmark$	<b>25</b> yds	50 yds	100 YDS
Frog Kick					INTRO	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Sidestroke					INTRO	25 yds	$\checkmark$	$\checkmark$	$\checkmark$



#### **PRIVATE SWIM LESSONS**

Don't see a group lesson time that works for you? Kid needs one-on-one training? Enroll in a private swim lesson! Our private swim instructors have over 100years of combined experience teaching & coaching swimming. Instructors are available for all age ranges and skill levels.

Enroll online at tdrpd.org or email info@tdrpd.org for more information. Price and times vary by instructor and subject to availability.

# YOUR HEALTH is our number one priority

#### **Tahoe Forest Health System**

offers extensive emergency, specialty, and preventative medical services right here, *in your community*.



- Gene Upshaw Memorial Tahoe
   Forest Cancer Center
- Orthopedics, Sports Medicine, and Total Joint Program
- 24-Hour Emergency Care
- Urgent Care
- Primary and Specialty Care Clinics
- Behavioral Health Services
- Endocrinology
- Joseph Family Center for Women and Newborn Care
- Tahoe Forest Women's Center
- Physical Therapy and Rehabilitation Services
- Tahoe Forest Center for Health
- Health, Wellness, Fitness, and Prevention Programs
- Diagnostic imaging, Laboratory, and Pharmacy
- Ambulatory Surgery Center
- Home Health, Hospice, and Palliative Care
- Tahoe WoRx Occupational Health and Wellness
- Long Term Skilled Nursing Care
- Cardiac, Pulmonary, and Respiratory Rehabilitation
- Financial Customer Service Program - (530) 582-3598



#### tfhd.com | (530) 587-6011

# COMMUNITY CONNECT









TPAC, the Truckee Public Art Commission, focuses on creating opportunities for public art, installation art, exhibits, and art events for the Community. It operates under TDRPD. The group produces up to four public art shows each year at the Community Recreation Center and has placed art throughout the community. Contact: tdrpd.art@gmail.com

#### KIDZONE MUSEUM - kidzonemuseum.org/

Location: 11711 Donner Pass Rd.

Contact: www.kidzonemuseum.org

This Children's Museum has amazing interactive exhibits and programs for youngsters that focus on development through hands-on learning. We also offer weekly classes for ages 0–6, as well as classes for ages 3-12.

#### SIERRA COMMUNITY HOUSE - sierracommunityhouse.org/

Four long-standing North Tahoe/Truckee service organizations — Family Resource Center of Truckee, North Tahoe Family Resource Center, Tahoe SAFE Alliance, and Project MANA — have united to form the Sierra Community House. With locations in Kings Beach, Incline Village, and Truckee, we offer a range of services that help individuals and families in the North Tahoe/Truckee communities thrive.



#### TRUCKEE TAHOE OUTRIGGER CANOE CLUB

Location: Donner Lake Contact: facebook.com/tahoeoutrigger

We start paddling as early in the Spring as we can! It's not unusual to see us paddling while it's snowing on Donner Lake! We leave from our West End Beach pavilion area. We also participate in races along the California Coast during the summer! TahoeOutrigger.org



#### **SIERRA SENIOR SERVICES**

Location: 10040 Estates Drive, Truckee, CA 96161 Contact: (530) 550-7600 • info@sierraseniors.org Sierra Senior Services feeds and supports seniors in the North Lake Tahoe and Truckee Communities.



#### SIERRA NEVADA CHILDREN'S SERVICES

Location: 10075 Levon St, Suite 210A

Contact: 530-587-5960 or www.sncs.org This non-profit agency provides services to children and families in Nevada and Sierra counties. Services include subsidized childcare, resources and referrals to parents seeking childcare, parenting education services, and technical assistance to childcare providers.

#### YOUTH GROUP CONTACTS:

Tribe Lacrosse: www.truckeetribe.club Little League: www.truckeelittleleague.com AYSO soccer: www.truckeeayso.org Truckee Tahoe Swim Team: www.truckeeswim.com Girls on the Run: www.girlsontherunsierras.org Sierra Nevada Water Polo: www.snwaterpolo.com Jr. Horsemen: wwwtdhorseman.com Truckee River United Soccer Club: www.truckeeriverunited.com

#### **VOLUNTEER CONNECTION**

Check www.communitycollaborative.org for more information.









## IS THE MARKET SHIFTING?

We are constantly looking at the numbers. Let us help you understand what is going on with the market and what we may be expecting.



## Call Us: 530.582.2400

# LOVE WHERE YOU LIVE

# Your Truckee Listing & Sales Specialists

FIRST RATE MARKET KNOWLEDGE | HONEST ADVICE | STRAIGHT FORWARD COMMUNICATION



# OAMP TRUDAOA

# ADVENTURE CAMP

## OAMPRAD

#### Are you ready for another great summer at camp?

Registration begins May 9 for TTUSD families that also live within TDRPD's District boundaries. Verify your TTUSD enrollment status today to get the early priority.

(TTUSD/District Families include: TDRPD residents with children that are registered in the Truckee Tahoe Unified School District, Creekside Charter School, Twin Ridges Charter School, Golden Valley Tahoe Charter School, Forest Charter School, and Tahoe Expedition Academy. Proof of school status can be provided in the form of a school ID, report card or Master Agreement.)

Scholarships available. Join us for amazing trips and all day fun at each of our summer camps this year.









# Summer Camps

A THE REAL OF



#### JR. LIFEGUARD CAMP

#### **AGES:** 10-14

The Junior Lifeguard program kids will come away with basic knowledge of American Red Cross Guard Start, CPR, basic First Aid and outdoor safety. They will practice their new skills at West End Beach and at the pool.









530-582-7720

www.tdrpd.org

10981 Truckee Way

info@tdrpd.org